



DID YOU KNOW

BERTIE COUNTY COUNCIL ON AGING OFFER THESE SERVICES

- IN-HOME PERSONAL CARE MANAGEMENT
- CONGREGATE NUTRITION MEAL (Noon-day meal)
- HOME-DELIVERED MEALS (Must be homebound)
- TRANSPORTATION (General and Medical)
- HEALTH & WELLNESS PROGRAM (Exercise: M & W - 9:00 to 12:00 noon)
- HOUSING AND HOME IMPROVEMENTS (Ramps/railings/etc.)
- SENIOR HEALTH INSURANCE INFORMATION PROGRAM
(Medicare/Medicare Part D/etc.)
- INCONTINENT SUPPLIES (Diapers/Pads)
- LIQUID NUTRITIONAL SUPPLEMENTS (Ensure/Glucerna)
- ART CLASS
- CROCHETING CLASS
- NOTARY PUBLIC
- TRIPS

****VOLUNTEERS ARE NEEDED FOR ALL SERVICES****

FOR MORE INFORMATION OR TO VOLUNTEER, CALL (252) 794-5315.

**103 W. School Street
Windsor, NC 27983**